



## Massage Client Information

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you currently under a physician's care for an acute or chronic illness? Y \_\_\_\_ N \_\_\_\_

Please explain \_\_\_\_\_

If yes, who is your health care provider: \_\_\_\_\_ ?

Are you currently taking any prescribed medication or dietary supplements? Y \_\_\_\_ N \_\_\_\_

If yes please explain: \_\_\_\_\_

Have you received a massage before? Y \_\_\_\_ N \_\_\_\_ If yes, what did you like or dislike?

**How did you hear about us?** \_\_\_\_\_

What are your goals for this session? \_\_\_\_\_

Please list areas of tension you would like me to address as well and/or areas you would like me to avoid

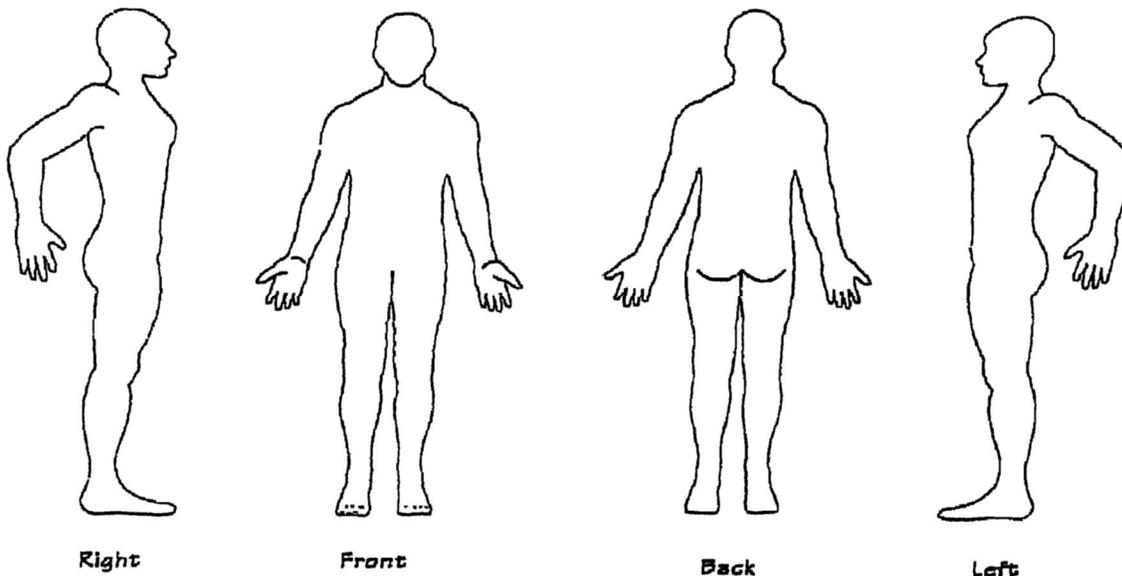
Are you allergic or sensitive to any oils(essential oils, nut oils, or scents)?

Please mark an (X) by all current conditions and (P) for all past conditions

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Cancer : Type____        | <input type="checkbox"/> Hi/Low Blood Pressure | <input type="checkbox"/> TMJ                       |
| <input type="checkbox"/> Migraines/Headaches      | <input type="checkbox"/> Immovable Joints      | <input type="checkbox"/> Tendonitis/Tendinosis     |
| <input type="checkbox"/> Back Problems            | <input type="checkbox"/> Cold Hands/Feet       | <input type="checkbox"/> Bruise Easily             |
| <input type="checkbox"/> Sciatica                 | <input type="checkbox"/> Sinus Problems        | <input type="checkbox"/> Allergies                 |
| <input type="checkbox"/> Arthritis/Bursitis/Joint | <input type="checkbox"/> Neck Problems         | <input type="checkbox"/> Fibromyalgia              |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Recent Surgery        | <input type="checkbox"/> Varicose Veins            |
| <input type="checkbox"/> Carpal Tunnel Syndrome   | <input type="checkbox"/> Recent Accident       | <input type="checkbox"/> Contagious Skin Condition |

Pregnancy If yes, How many months? \_\_\_\_\_

Please indicate with an (X), if any, the areas in which you are feeling discomfort.



Is there anything else about your health history that you think would be useful for your massage therapist to know to plan a safe and effective massage session for you?

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*I have stated all conditions that I am aware of and this information is true and accurate to the best of my knowledge. I will inform my health care provider and massage therapist if anything changes in my status. I understand that massage/bodywork I receive is for the purpose of stress reduction and the relief from muscular tension, spasm or pain and to increase circulation. If I experience any pain or discomfort, I will immediately inform my massage therapist so that the pressure and/or methods can be adjusted to my comfort level. I understand that my massage therapist does not diagnose illness or disease, nor perform any spinal manipulations, and does not prescribe any medications/treatments. I acknowledge that massage is not a substitute for a medical examination or diagnosis and that I should see my health care provider for those services. If I am unable to attend my scheduled appointment, I will respect and abide by the set cancellation policies. Sexual advances, request for sexual favors, and other verbal or physical conduct of a sexual nature will constitute as sexual harassment and will not be tolerated. I understand that I am receiving massage therapy at my own risk. In the event that I become injured either directly or indirectly as a result, in whole or in part, of the aforesaid massage therapy I hereby hold harmless and indemnify the therapist, their principals, and agents from all claims and liability whatsoever.*

Client Signature: \_\_\_\_\_ Date \_\_\_\_\_

**24 Hour cancellation policy:** Any appointment not cancelled within 24 hours of the appointment time is subject to a \$50 cancellation fee.

Signature \_\_\_\_\_ Date \_\_\_\_\_